



From the  
**CHIMNEY PROGRAM OFFICE**  
Adventure Odyssey 2023

## PACKING LIST

The following list is of **essential trail equipment** for all out-of camp trips in this summer's Adventure Odyssey Cabin. Please also use the recommended packing list in Summer Camp Guide for all clothing, equipment, and gear for in-camp use.

Many of the items can be purchased at specialty camping stores such as Recreational Equipment Incorporated ([www.rei.com](http://www.rei.com)), Eastern Mountain Sports ([www.ems.com](http://www.ems.com)), or Campmor ([www.campmor.com](http://www.campmor.com)).

### Trip Items

- Daypack – Like a school backpack, it should be comfortable for hiking and be able to carry a water bottle, rain jacket, and lunch.
- Sleeping Bag – Your sleeping bag should be three-season, synthetic bag rated to 45 degrees or lower.
- Compression Bag – Nylon compression bag that can compress your sleeping bag down to a packable size.
- Water Bottles (2) – Nalgene style (32 oz) is preferred.
- Waterproof Rain Jacket or Shell with a Hood – We will be out on the trail rain or shine!
- Travel Towel (1-2) and Washcloth – Bring a towel that will dry quickly.
- Watch – It is really important to be on time.
- Headlamp – Compact with extra batteries. This will be your nightlight.
- Large Plastic Trash Bags (2) – For dirty laundry and to keep things dry.
- Ziplock Bags – Both small and large for packing and to protect your things.
- Bandanas (1-2) – Good for everything.
- Bug Repellent or Mosquito Net.
- Spoon – Anything will work, steel or Lexan is preferable.
- Synthetic Shirts – The less cotton the better, so consider packing synthetic hoodies and jackets as well. Make sure at least one is a long sleeve shirt. Fleece is great for warmth and soccer jerseys or athletic shirts are also great alternatives to cotton shirts.

### Footwear

- Hiking Boots (1 pr.) – Essential! Mid-weight waterproof backpacking boots. *These must be broken in before camp.* Boots that have not been broken in can cause blisters, sores, and severe pain on the trail.
- Shower Sandals (1 pr.) – Best if they have straps so that they won't be lost when wading in water.
- Hiking Socks (2-4 pr.) – Thick, padded, moisture-wicking socks are preferred. We recommend Darn Tough ([darntough.com](http://darntough.com)), which can also be purchased on Amazon or at most sports and outdoor retailers.

**A backpack and group equipment such as tents, stoves, fuel, and pots will be provided by camp, but your camper is more than welcome to bring their own backpacking pack (50-65L is preferred).**